

The Journey of a **Personal~ Professional~ Spiritual** Success Practitioner

By Paul Chek

In this article I will explain the journey of the P~P~S Success Practitioner, using as our guide the P~P~S Success Mastery Symbology depicted in Figure 1. If you are reading this article before having committed yourself to the first year of the Mastery program, I am confident that you will be much more capable of

determining your readiness to engage in the mastery experience once you have digested the information here. I do not recommend rushing into a commitment of this sort because, by the very nature of the program, it will challenge disempowering beliefs, uproot self-destructive habits, and possibly neutralize unhealthy relationships that you currently maintain. Many will find that they are not in the vocation of their Soul path. To manage the kind of transformation this program will stimulate requires a person truly willing to achieve their innate potential.

ENDURE/SURVIVE

As spiritual beings inside an animal body, we carry, and are subject to, the influences of our inherent biological history. Evidence of this biological history is clearly seen in a number of ways, including our own embryonic development, as well as in our response to stress.

The development of the human embryo traces our biological evolution forward from the single initial cell through progressive cell divisions.

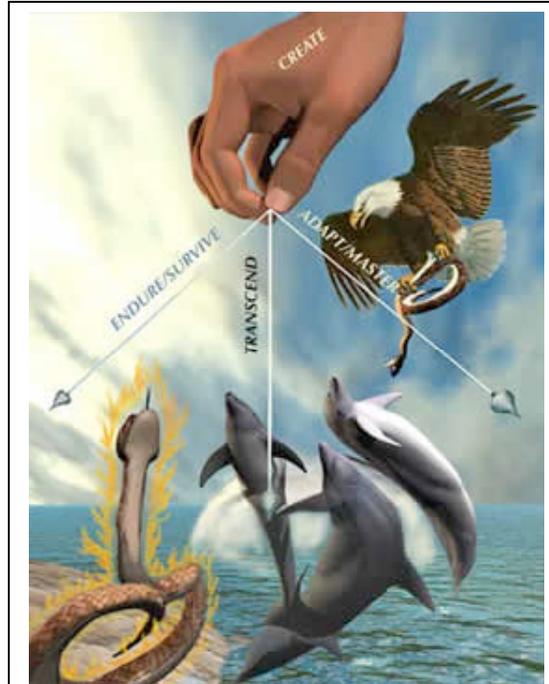


Figure 1. (The P~P~S Success Mastery Program Symbology) shows the earth creating the shoreline. Above the earth, you see the snake, which is engulfed in fire. The earth represents the negative pole of creation, while the sun (or the universe at large) is the positive pole. The Creator is neutral, and holds all the potential that ultimately expresses itself in the manifest world through polarity.

Have we as humanity, nations, communities, families, and as individual beings risen above our animal nature? What percentage of us, if evaluated honestly, has truly evolved emotionally, mentally, and spiritually beyond our parents, our grandparents, or even our great-grandparents? For many, these are scary questions and most often avoided, yet they are the very questions necessary to ask if we desire to reach our full potential as human beings.

The cell progresses through our reptilian and paleo-mammalian ancestry, concluding with the birth of a human being. A newborn child will again trek through our biological ancestry as it continues developing its musculoskeletal, nervous, limbic (emotional), and hormonal systems.

Our response to stress also shows this innate biological ancestry. The more stressed we become, the more we revert to our earlier biological

development and corresponding behavior. The more supported we feel—and the more supported we are—the greater our potential for growth, development, and personal evolution.

MASTERING THE EARTH AND FIRE TRIALS

The first step in mastering our own evolution is to realize that biologically we are creatures of the earth. As such, we must maintain a respectable relationship with Mother Earth: she is parent, and we are the child or adolescent. This fact presents itself in some very important ways.

First, being biological creatures of the earth means that we must sustain our bodies in accordance with our genetic heritage. Failure to do so always causes stress and encourages biological and psychological devolution. Whenever we live against our earthly biological needs, we see ourselves becoming less and less concerned for the welfare of other human beings and more and more focused on our own individual survival needs. Such behavior is connected with our innate reptilian ancestry. The reptile (the snake in Figure 1) is an ancient creature. While its evolution has stopped at the level of the earth, it has become proficient in caring for its own needs. This fact is also well demonstrated by the female alligator, who will eat her own young if other sustenance is unavailable.

In addition to living synergistically with the earthly dictates of our biology, we must also live in accordance within Mother Nature's limits. But are we? Gaia philosophy suggests that the earth is an organism with very tight biological parameters, all of which are necessary to maintain life. It is my personal belief, as well as that of some

respected biologists, that the earth itself is a living being with biological functions that parallel our own. When we engage in gluttonous behavior—excessive use of fossil fuels, abuse of the soil through commercial farming, over-industrialization with its pollution of air, water, and soil—Mother Earth must seek to maintain equilibrium within her own parameters. Thus we see that she produces earthquakes, monsoons, tornadoes, hurricanes, tsunamis, and eventually even ice ages to combat against premature inductions, such as over-accumulation of carbon dioxide in the atmosphere (the greenhouse effect) and the loss of shock-absorbing fossil fuels under her mantle. These so-called acts of God are, like fire, transformative for both man and Mother Earth. She learns to control her creations and we learn to control ours!

In your journey as a P~P~S Success Practitioner, learning to understand your biological, psychological, and spiritual anatomy will afford you the ability to take responsibility for your choices. Personal tragedy, acts of God, all that we experience as painful—they all act just as fire to transform what is old and/or not working effectively into something new and more evolved. After a forest fire, the soils are re-mineralized and re-growth is almost always more lush (see Figure 2).



Figure 2. Fire transforms a landscape, and a lush growth begins again.

Overcoming Conditioned Beliefs

From birth, we are exposed to the attitudes and beliefs of our mother, our father, and our culture. The great majority of us suffer the negative effects of numerous antiquated and ineffective beliefs. As you can see in Figure 3, disempowering, outdated, or false beliefs are constant influences on our:

- consciousness;
- perception of who we are within ourselves;
- sense of who we are relative to the outside world; and
- our sense of the outside world within, and how we see the outside world relative to us as individuals.

If our body (our biology) is viewed as our hardware, our beliefs can be viewed as our software. When we look at people's willingness to destroy each other and the planet with little, if any, consciousness of what they are doing, it becomes clear that we need software upgrades! Unfortunately, overcoming such preconditioning is not easy and typically requires effective role models, courage, and motivation. It is the norm for human beings to wait until they are in pain to seek alternatives. This fact demonstrates itself over and over again in the form of:

- ill health and disease from mismanagement of Self;
- family feuds;
- abuse of technology, such as over-pollution by factories and corporate gluttony;
- civil and world wars; and
- earthly disasters such as Hurricane Katrina (ignorantly labeled as acts of God).

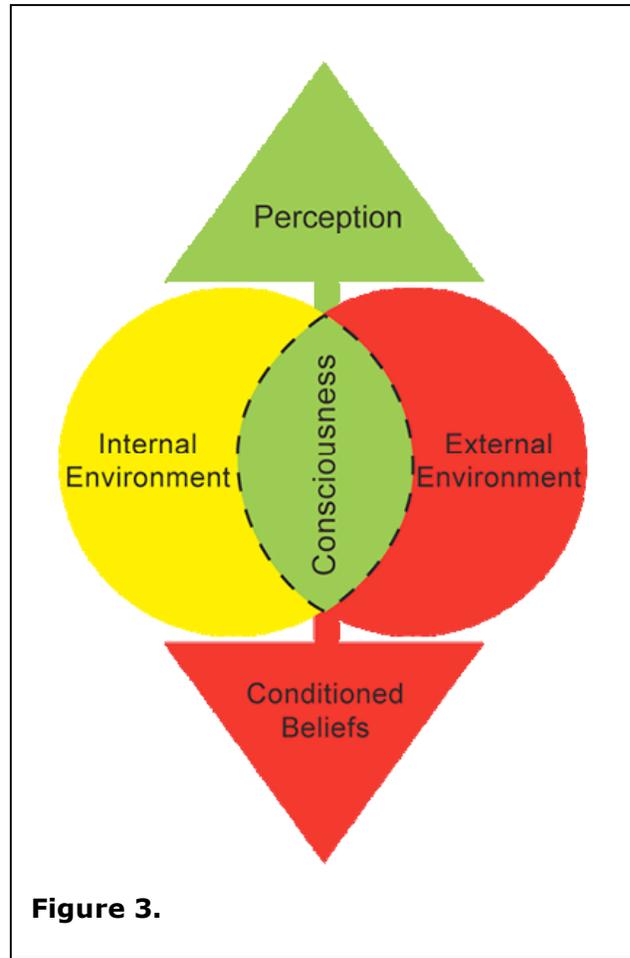


Figure 3.

In the P~P~S Success Mastery Program, I expose Practitioners to masters from around the world who have demonstrated leadership in their respective areas, as well as share my own evolution. Adhering to the mastermind principle, P~P~S Success Practitioners work together as a community of like minds. They aid one another through the fire trials of transformation. Through such community support, our own evolution becomes that of leadership by example, which in turn aids the transformation of our individual families, friends, townships, countries, humanity, and Mother Earth as a whole.

GETTING LIQUID

The ocean depicted in the P~P~S Success Mastery Program symbology (Figure 1) generally represents our ability to transform—to create something better while we are here, or to drown! As with all the base elements (earth, water, fire, air), there is both creative and destructive potential. For example, earth and fire combine to make volcanoes and earthquakes, producing more earth for expression of Mother Nature’s ideas. Wind and water combine to make hurricanes, yet water is essential to earthly life. When the P~P~S Success Practitioner masters the reptile (depicted by the snake in Figure 1) and learns to serve and support his/her biological needs naturally and respectfully, a natural liquid grace emerges, allowing consciousness to rise above merely surviving and enduring. By meeting our survival needs (eating high-quality food, drinking clean water, sleeping adequately, etc.), we clean and purify our internal environment. Because consciousness is heavily influenced by our internal environment, we begin to perceive our external environment more favorably (and rationally). It is in this way that our perception changes (Figure 3).

At this point, the P~P~S Success Practitioner will have become aware of and capable of changing his/her perception of:

- purely instinctual survival needs—we no longer live reactively, but responsively;
- tribal influences—we become better able to distinguish empowering from disempowering traditional practices;
- the need to outmaneuver others for our own benefit—we learn that we don’t need to force respect from others; we can attract it to us through right action; and

- the need for religious and military might as a means of structure—relativities such as heaven, hell, or “my way or else” are tools of the fearful, competitive modes of being. While they are important stepping stones in our evolution, they are not a place to hang our hats (or our heads, or our bodies!).

ADAPT/MASTER

It is a natural transformation to move from being a person who contributes to and adheres to a rigidly structured approach and follows set guidelines diligently—typical of large organizations like the military, corporations, or religions—to one who learns how to work the system. This

transformation is illustrated in the P~P~S Success Mastery symbology as an eagle (see Figure 1). The eagle masters the survival instincts of the snake and rises above the earth and water to master the air element, all the while expressing his mastery of fire trials past.

In our transformation, we become like an Eagle, master of our animal instincts, master of the water and air. We are becoming truly human.

Typically a loner at this stage, eagle-like individuals know their true worth and find better and better ways to satisfy their needs, wants, and desires. You see examples of them in top-notch salesmen, special forces soldiers, or in that rogue employee with a Michael Jordan-like ability to produce, to bend, and to stretch the rules they once honored as code. Eagle types often find themselves growing in any work environment to the point where they propose something like this ultimatum to the management: “If you give me a percentage of the company, I’ll stay. If not, I’ll have to start my own business and compete with you.”

A few years later, having used their eagle skills to survive the grinding and polishing that is almost unavoidable as a business owner, partner, or upper-level manager, they come to realize that there is more to life than stocks, flashy cars, and exotic vacation homes. Now, the innate quest to integrate with Mother Nature and support her, and to find the deeper meanings of life, rise strongly to the surface. Fear is shed and there is an urge to be more than what one has accumulated. The often brash, sometimes cunning tendency of the eagle hunter softens. In place of that drive to be number one, there is satisfaction in being last, making sure that the less evolved, less skilled, and less confident learn

the ropes of life. There is a rising sense of the value of equality and the need for integration and positive change. It is time for the eagle to evolve and transform under the guidance and example of *the dolphin*.

TRANSCEND

*With the truthfulness,
love and compassion
of the Dolphins, we
transcend, guiding
humanity to world
unity, success for all!*

In the P~P~S Success Mastery symbology, the dolphin represents the best of the animal kingdom—the knowledge and wisdom of the human as well as cosmic consciousness expressed in love, and the childlike playfulness. The dolphin is, in essence, man transcended: peaceful, playful, intelligent, compassionate, helpful,

loving, forgiving, non-violent, and beautiful.

Do you know any dolphins? They are around, of course, but just like the dolphins in the ocean, they know how to stay away from unproductive trouble (negative energy, negative people) unless they are there to orchestrate transformations. This is why many people do not get a chance to appreciate them, even though they are there in the background, performing their important transformative work quietly among the masses. While many dolphins go unknown, we all do know some of them. Gandhi, Mother Theresa, Rudolph Steiner, Jesus, Buddha, Paramahansa Yogananda, Bob Proctor, Albert Schweitzer, Martin Luther King, and Napoleon Hill were all dolphins.

Often, the dolphin types are on the boards of directors for responsible corporations, schools, hospitals, aid groups, environmental groups, or they emerge quietly out of the eye of a storm to assist humanity when needed. One cannot fake being a dolphin. Transcendence is a quality of levity and can only be achieved by those who have mastered the gravity of the earth plane by exhausting their need for immediate personal gratification, exploitation of ego, and winning the race.

*"By their fruits ye
shall know them."*

CONCLUSION

Let's be clear: **The Personal Professional Spiritual Success Mastery Program** is not the Flipper School of dolphin training. Only life experience, observation, honesty, and awareness can afford such

training. What the P~P~S Success Mastery Program does promise is to guide each practitioner through the process of finding themselves—to help each P~P~S Success Practitioner understand who they really are and what they really need. The education, practical exercises, and experiences guide Practitioners week by week, month by month, year by year. It aids in this discovery not by force, ridicule, or destructive criticism, but by personal and interpersonal exploration. We will share our dreams, share our goals, and experience our individual and collective growth, always cherishing where we've been, where we are, and where we are going as valuable and true to the highest good. Maybe in this lifetime, in the next, or in a few, we will all become dolphins, but once we do we will find among them many P~P~S Success Practitioners!